

Working with MS Support Group

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Rockville Nursing Home, 303 Adclare Road, Rockville, MD 20850

April 12, 2015

Agenda

3:00pm	Welcome!
	Brief Introductions/Member Check-in
3:10pm	Finding Answers to MS "If you think you are too small to be effective, you have never been in bed with a mosquito." Betty Reese, American Officer and Pilot
4:00pm	Member Sharings & Support
5:00pm	Adjourn

Handouts & "News You Can Use":

MS by the Numbers

<http://www.healthline.com/health/multiple-sclerosis/facts-statistics-infographic>

The History of MS (msatrium timeline)

<http://www.msatrium.com/community-commitment/history-of-ms>

NMSS Timeline of Progress in MS Research

<http://www.nationalmssociety.org/NationalMSSociety/media/MSNationalFiles/Brochures/Timeline-of-Research.pdf>

Research News & Progress (NMSS article)

<http://www.nationalmssociety.org/Research/Research-News-Progress>

Make an Impact on MS Research: Resource Sheet

<https://drive.google.com/open?id=0B5wV6aESepCOMkdPUjVJZnZmY3c&authuser=0>

iConquer MS information (postcard)

<https://drive.google.com/open?id=0B5wV6aESepCOTnY0TEtzZzBiMUk&authuser=0>

Understanding Treatment Risks through Research – Barts-MS PML Risk App: Understand Your Risk of PML with Tysabri

<http://www.clinicspeak.com/UnderstandingPMLRiskOnTysabri/>

Wellness for People with MS: What do we know about Diet, Exercise and Mood and what do we still need to learn?

<http://www.nationalmssociety.org/NationalMSSociety/media/MSNationalFiles/Brochures/WellnessMSSocietyforPeoplewithMS.pdf>

Multiple Sclerosis Health Center: Treatment & Care (WebMD)

<http://www.webmd.com/multiple-sclerosis/guide/multiple-sclerosis-treatment-care>

Multiple Sclerosis (MS) Treatments – Treating the Symptoms of MS

<http://www.healthline.com/health/multiple-sclerosis/treatment#1>

Next/Upcoming Meetings:

May 10th – Meeting (Happy Mother's Day!)

June 14th – Meeting

July 12th – Meeting